

# A PLEDGE TO STOP THE SPREAD *of* COVID-19

As members of CAV Nation, we can each do our part to prevent the spread of COVID-19 as well as other viruses by following our seven steps to remember.

**WE WILL PROTECT OURSELVES.**

**WE WILL PROTECT OUR CLASSMATES.**

**WE WILL PROTECT OUR FACULTY AND STAFF.**

**WE WILL PROTECT VISITORS TO CAMPUS.**

**WE WILL PROTECT OUR WALSH UNIVERSITY COMMUNITY.**

**WE WILL DO OUR PART TOGETHER TO KEEP  
OUR COMMUNITY SAFE!**



*Celebrating 60 Years*

# CAV NATION PLEDGE

As a member of the Walsh University community and someone who wants to keep myself, my friends, colleagues, family, and my community safe, **I PLEDGE TO:**

## 1. FOLLOW THE 7 TO REMEMBER

- Wear my mask
- Wash my hands
- Clean and sanitize – keep the areas I touch safe
- Stay at least 6-feet apart
- Monitor my health every day
- Reach out if I have questions
- Remember we are all in this together

## 2. SELF-MONITOR

- Fever of 100.4 F or higher
- Dry cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion
- Nausea or vomiting
- Diarrhea

## 3. FOLLOW BEST PRACTICES

- Protect CAV NATION and our entire community by following best practices and the University's protocols for health and safety

**TOGETHER WE CAN STOP THE SPREAD OF COVID-19. WE ARE ALL IN THIS TOGETHER.**

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
PRINT NAME

\_\_\_\_\_  
DATE

**FIND ALL OF THE SAFETY PROTOCOLS AND UPDATES AT  
[WWW.WALSH.EDU/RETURN-TO-CAMPUS](http://WWW.WALSH.EDU/RETURN-TO-CAMPUS)**